

How Reversing 7 Words Can Change Your Life

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I'll believe it when I see it.

We've all heard it. In fact, I'll bet you can even virtually hear the speaker's skeptical tone of voice and see her doubting facial expression. Great spiritual teachers, however, have taught us that the truth is the opposite- You will SEE it once you BELIEVE it.

Yet I have found that "You'll see it when you believe it" more accurately reverses to: You'll see it AFTER you believe it.

Let me explain. When you boil a pot of water until 99.9% has evaporated, nothing but a crust of minerals will remain. So if I boiled my beautiful game, "Grow a Greater You", down to its purest essence, what would be left? The best of the best. So, as long as we agree that what has been boiled away is not extraneous, I am happy to share the gold you'll find on the bottom of the pot.

The core of my work is the phrase, "I'll see it after I believe it." I don't even use the more common phrasing of seeing it WHEN you believe it. It sets the manifestation up to be instantaneous and given where most of us are in our journey, our manifestations still have a time lag. Hence we see things AFTER we have believed them and kept right on believing them

in the initial face of any evidence to the contrary still hanging around.

Let's get right to why this phrase is the core of "Grow a Greater You" and why you may want to consider making this phrase part of your essential foundation. For the sake of time and space, I'll present some concepts that may be new to you or ones you need more background about. But all of this is covered in vast breadth and depth on my podcast, [MANIFEST the Big Stuff](#), and in [my books](#).

Desires and Beliefs

Our conscious thoughts and our top-of-mind wants are our desires. We are usually very familiar with them; we think about our desires a lot and often share them with our friends and family. Our beliefs, however, are thoughts we habitually repeated as children based on information shared with us by influential adults. Contrary to what most people think, we are usually very unfamiliar with our beliefs; our beliefs reside in our subconscious brain and are not a part of our day-to-day conscious awareness.

The quantum field forms coherence with our beliefs and manifests our material reality. The meaning of whatever we are seeing and experiencing right now is always a mirror of our beliefs. So what you see and experience is always nothing more and nothing less than a reflection of what you believe. When our experiences please us, that is the phenomena of having subconscious beliefs which are aligned with our conscious desires. And vice-versa.

As we play this powerful game called "Grow a Greater You", our principle challenge is to intentionally shape and grow our beliefs into alignment with our desires. Since our experiences are always a mirror perfect reflection of our beliefs, getting our beliefs to agree with our waking desires is the most important skill a deliberate creator can ever learn. You can "roll the dice" and hope that your beliefs and desires are in alignment, the way much of

the world creates, or you can start designing your own life intentionally by creating beliefs of your choosing.

The Missing Step in Manifesting

As you probably already know only too well, many appliers of the law of attraction are pretty darn successful with the small stuff. But what often stumps people is how to manifest what they desire the most. The big dreams. The health, the money, the soul mate, the fit body, the business...

Here is the trap that keeps most people from manifesting the “big stuff” - most people are instructed to manifest their greatest desires by feeling the emotions their desired manifestation will provide once obtained. Or, in other words, people are taught to create desirable emotional states in order to manifest things. If you want your soul mate, for example, they tell you to feel loved and adored; the quantum field is supposed to then respond to those feelings and you’ll supposedly attract that soul mate into your material experience.

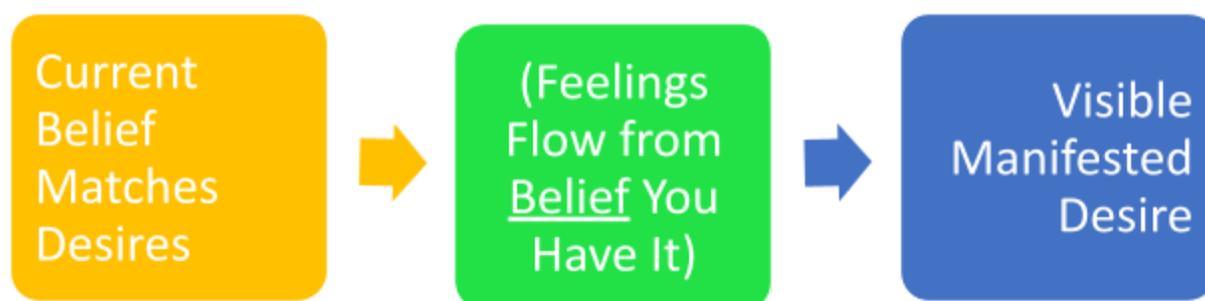
Except those instructions don’t really work, do they?

And now you know why those instructions don’t work. “I’ll see it after I believe it” illustrates why these instructions are not reliable and repeatable (as they should be for a law); we see (or experience) what we believe, not what we feel. The quantum field cannot form coherence with anything except what you truly believe, regardless of any thoughts or feelings you’re currently making a part of your conscious awareness.

Here is why those faulty manifesting instructions sound like they should work: you can almost always “feel it” without really believing it. With some effort you can almost spend a whole day feeling loved and adored without really BELIEVING you are worthy of love and adoration.

Whenever that happens, quantum physics guarantees that without belief, we will not manifest whatever we are feeling our way into.

If you actively create a feeling which happens to be aligned with your true beliefs, it is true that it will manifest. But it is very natural to confuse the byproduct (the feeling) with the true cause (the belief). If you believe it, you can always count on FEELING it. Thus, when people have traced back the steps of successful manifestors many have made the natural mistake of simply stopping short at feeling. If you feel it, however, the most you can say is that you MIGHT believe it. Don't skip the first step.



What we currently see and experience is always a reflection of what we currently believe. So... you'll see it after you believe it. If you are seeing what you desire, and this were a test on having beliefs aligned with your desires, you just got an "A". Seeing your desire reflected in your present physical reality means your beliefs are aligned with those desires.

The Perfect Life Tool

Now let's take "I'll see it after I believe it" a step further to illustrate how you can actually use this phrase to solve frustrating experiences faster than Sherlock Holmes. And what is life's most painful mystery? I'll bet it's wondering why you don't *already have* the life and the things you desire.

Here's how this phrase allows us to become a manifestation detective of the highest order. The phrase "I'll see it after I believe it" tells us why only certain things have manifested and been seen (things we've believed). But our world is one of universal laws and laws always tell us at least TWO things. The law of gravity, for example, says things fall down. So, if we see something going up, we know it wasn't falling - it must have been pushed. Our manifestation law works the same way; since we can only see that which we believe, it follows that anything we DON'T SEE is not being believed. When we don't see something present in our lives that we want, we now know *we don't truly believe it*.

Thus, "I'll see it after I believe it" educates us about the meaning of desires we can see (being manifested = currently believed) *and* desires we aren't yet seeing (unmanifested = not yet believed). **Now we know that whenever what we want isn't here, we don't yet believe what we need to in order to experience it.**

The Law Works and Will Work for You

This is great news for us. Knowing that the reason we aren't manifesting something is because we don't believe it frees us from the very understandable (but horribly wrong) conclusion that the problem is us. After all, since others can do it there must be something wrong with us, right?

Wrong.

We now know, definitively, that not seeing something has nothing to do with our not earning it, not deserving it, or not being worthy of it. Not seeing something we desire does not mean we are being punished or that something is being withheld from us. "I'll see it after I believe it" reveals that we are not broken - that not seeing something we desire is merely an indicator about what we don't yet truly believe rather than a memoir about our worth, meaning,

and value as a human being.

“I’ll see it after I believe it” reveals something so important that it can actually make suffering optional from this point forward. It tells us that whatever we do, and do not, see (or experience) is nothing more than information. What we do, and do not, see (or experience) is merely information for us about what we do and do not yet believe. Thus, “I’ll see it after I believe it”, directs us to use what we’re seeing (and not seeing) for its correct purpose – **as essential and invaluable feedback regarding what we do and do not believe**. This is indispensable information to direct our efforts to intentionally grow our beliefs into alignment with our desires. I cover how to shape and grow those beliefs into picture-perfect alignment with your waking desires in my books and on my website. It’s an easy to follow blueprint for intentionally growing any (any every) belief you have into alignment with your desires.

“I’ll see it after I believe it” tells us the rules for how things manifest (we see what we believe) and gives us precise instructions regarding where to play “Grow a Greater You” right now. It tells us which beliefs are not aligned with our desires. You have all the information at your fingertips to show you what you do not believe fully enough (yet) to experience your desires. The meaning of every single aspect of your material reality is a reflection of your beliefs, informing you about what you do and do not believe and directing you toward beliefs you can shape and grow.

Feedback that Frees You from Merely Reacting

The information about your beliefs gleaned from what you do and do not see has no inherent meaning and value, except that which you assign it. Because what you experience is merely a reflection, you are free to use every bit of your material reality merely as feedback. You can certainly stop using these reflections to make judgments about your personal value and

worth. This, alone, may free you from cycles of depression, anxiety, fear, and reaction. My work teaches you that while the experiences you have (and do not have) may often please or displease you, the experiences, themselves, are only feedback loops about what you believe and how strongly you believe it.

Don't ignore the pleasure or displeasure you find in your beliefs' reflections. Instead, I want to help you become honest about how you truly feel about every one of your beliefs' reflections. Only then can you truly unleash this highly accurate feedback to "adjust your sails" and play this amazing game of life with even more fulfilling results.

I hope this explanation of the essence of some of my work encourages you to dive deeper into your life and obtain the tools you need to "Grow a Greater You". You now understand why "I'll see it after I believe it" can be one of the most powerful learning and teaching tools in your life.

What I "boiled away" to arrive at this foundational phrase should be added back into the mix today. Use all my other ingredients which form a beautiful blueprint, tailor-made for harnessing the greater personal power you've always known you possessed. In fact, I'll bet you'll soon wear a secret smile as you observe the mirror-perfect "feedback" of your life because of your confidence in your ability to create (and re-create) your desires from aligned beliefs.

I have used this knowledge and tools to change my life and shape the lives of others. If this has been meaningful to you, please share this article everywhere and visit my website at WhyQuantumPhysicists.com to get your new life blueprint to "Grow a Greater You" for half the price of a movie ticket.

You can join the conversation with me online.

Thank you for letting me be of value you!